



VIKING LEAD SLINGERS SHOOTING DISCIPLINES ATHLETE ELIGIBILITY

12/11/2022, revised 12/10/2023

PARTICIPATING ATHLETE ELIGIBILITY REQUIREMENTS:

- All youth ages 9 – 18, as of January 1 of the event year.
 - Hunter Safety Education Certification
 - Demonstrate ability of firearms use and safety

AGE CATEGORIES

- SCTP National/State and Conference Categories:
 - Rookie Division – grades 4 and 5
Intermediate Division
 - Entry Level – first year shooting 6th-8th grades
 - Advanced Level – post first year shooting 6-8th grades
Senior Division
 - Junior Varsity – first year – first year shooters 9-12th grade
 - Varsity – post first year shooting 9-12th grade
- Northwest Clay Target Conference Division Category Bump-up Rule:
 - Athletes are allowed to be bumped up one shooting level for conference play only when that team does not have a full competitive squad for the next shooting level. For SCTP tournaments, rules state shooters must compete in their normal shooting category as defined in the National SCTP Handbook. Once bumped up the athlete must compete in that conference squad/category in all individual, squad and team events for the remainder of the NWCTC shooting season. All bump ups must be approved by the Advisor and Division Rep and be submitted in writing.

TRAP-SINGLES

All age Categories eligible

Squads are 5 members of similar skill sets shooting at 16 yards

National and State event rules follow ATA Rules.

Definition: Shooters are assigned to a 5-person squad, which rotates through each of the five posts on each trap field – five shots each post, for each round of 25. Invitational and competition shoots will shoot 100 targets through 4 rounds. Some competitions may shoot 200 targets.

TRAP-HANDICAP

Age Category: Rookie, Intermediate Division and Senior Division. Athlete must demonstrate proficiency in shot throughout current practices and competition events.

Squads are 5 members of similar skill sets shooting at yardage:

- Rookie Division: Rookie – 19-yard line
- Intermediate Division: Entry/Advanced – 21-yard line
- Senior/ College Division: Junior Varsity/Varsity – 25-yard line

Definition: Shot like singles, but at varying yardage distances. Most beginning shooters start at the 19 yard line, in hopes of working their way back to the 27 yard line (based on performance in prior events).

Most registered shoots feature “yardage groups” for purposes of trophies and other awards. Additionally, shooters should always shoot in squads of similar yardage, typically allowing no more than two yards between shooters in a squad. This enhances safety and avoids unnecessary distractions.

TRAP-DOUBLES

Age Category eligible through VLS recommendation: Intermediate – Advanced and Senior Division age categories with proficiency of consistent shot in previous season and head coach approval.

Squads are 5 members of similar skill sets shooting at 16 yards

National and State event rules follow ATA Rules.

Definition: Features two targets thrown simultaneously at the same angle each time. Like singles, doubles are shot from the 16-yard line. Most registered doubles events throw 100 targets (50 pair). VLS Practice will be 50-targets.

SKEET

All age Categories eligible.

Squads are 3 members, when shooting competition with 2nd team for a total of 6 athletes.

National and State event rules follow NSSA Rules.

Definition: Shooters rotate through a course of 8 posts at which two targets are presented from the High House and Low House respectively thrown at the same speed and height. 25 targets are scored each round with 100 total scored at competition.

SPORTING CLAYS, WALK THROUGH

NOTE: VLS typically offers 1 Invitational event participation option. VLS does not provide practice for this discipline; however, Stoughton Conservation Club does schedule 4 events through the summer.

All age Categories eligible.

Squads are 3 members, when shooting competition with 2nd team for a total of 6 athletes.

National and State event rules follow NSCA Rules.

Definition: Sporting clays is typically shot in squads of two to six people and played over a course of 10 to 15 shooting stations laid around fields or around the natural features of the land. The course designer is not limited in target speed, angle, or distance, so every course is different.

ALL COMPETITION EVENTS: Athletes are encouraged to coach teammates how to approach the target. Coaches are not permitted to provide coaching advice to athletes during competing events.